

YOUR HEART HEALTH STARTS HERE

Wellness and Vascular Screening Packages

Restoring **Rhythm** of Life

WELLNESS PACKAGES	ESSENTIAL WELLNESS RM720		PREMIUM WELLNESS RM1,280		ADVANCED HEART WELLNESS RM2,280	
	MALE	FEMALE	MALE	FEMALE	MALE	FEMALE
Consultation	●	●	●	●	●	●
Reporting by Specialist	●	●	●	●	●	●
Physical Examination	●	●	●	●	●	●
Vital Signs	●	●	●	●	●	●
Visual Acuity	●	●	●	●	●	●
Body Composition Analysis	●	●	●	●	●	●
Diet Assessment/Counselling	●	●	●	●	●	●
Blood Investigation						
Blood Grouping	●	●	●	●	●	●
Full Blood Count (FBC)	●	●	●	●	●	●
Lipid Profile	●	●	●	●	●	●
Rheumatoid Factor (RF)	●	●	●	●	●	●
Blood Sugar						
Fasting Blood Sugar Level, HbA1c	●	●	●	●	●	●
Kidneys						
Renal Function Test (RFT)	●	●	●	●	●	●
Urine FEME	●	●	●	●	●	●
Urine Microalbuminuria	●	●	●	●	●	●
Liver						
Liver Function Test (LFT)	●	●	●	●	●	●
Hepatitis B Screening (Ag, Ab)	●	●	●	●	●	●
Hepatitis C Virus Antibody	●	●	●	●	●	●
Thyroid Tests						
Free T4	●	●	●	●	●	●
Thyroid Stimulating Hormone (TSH)	●	●	●	●	●	●
General Disease Tests (VDRL)						
●	●	●	●	●	●	●
Cardiac Screening						
Resting ECG	●	●	●	●	●	●
Stress Test			●	●	●	●
Echocardiogram					●	●
CT Scan – Coronary Calcium Score					●	●
Radiological Screening						
Chest X-Ray	●	●	●	●	●	●
Ultrasound Abdomen	●	●	●	●	●	●
Ultrasound Pelvis			●	●	●	●
Ultrasound Liver Fibrosis					●	●
Bone Densitometry (2 regions – Hip & Spine)					●	●
Mammogram						●
Cancer Tumour Markers						
CEA (Colon)			●	●	●	●
AFP (Alpha Fetoprotein)			●	●	●	●
PSA (Prostate)			●		●	
CA 19.9 (Pancreas)			●	●	●	●
CA 125 (Ovaries)				●		●
CA 15.3 (Breasts)				●		●

VASCULAR PACKAGES	VASCULAR ARTERIAL WELLNESS RM998	VASCULAR ARTERIAL & VENOUS WELLNESS RM1,398
Ultrasound Carotid Artery	●	●
Ultrasound Abdominal Aorta	●	●
Ankle Brachial Pressure Index (ABPI)	●	●
Ultrasound Lower Limb Vein		●

OPTIONAL TESTS			
Radiological Screening		Digestive Tract Assessment	
▪ Bone Densitometry (DEXA)	RM150	▪ Urea Breath Test	RM180
▪ CT Scan – Coronary Calcium Score	RM400	Cancer Tumour Markers	
▪ CT Scan – Lung	RM450	▪ AFP (Alpha Fetoprotein)	RM 50
▪ Mammogram	RM200	▪ CA 125 (Ovaries)	RM 50
▪ Ultrasound Breasts	RM200	▪ CA 15.3 (Breasts)	RM 50
▪ Ultrasound Fatty Liver	RM120	▪ CA 19.9 (Pancreas)	RM 50
▪ Ultrasound Liver Fibrosis	RM120	▪ CEA (Colon)	RM 50
▪ Ultrasound Neck	RM100	▪ PSA (Prostate)	RM 65
▪ Ultrasound Pelvis	RM150	HIV Tests	
Heart & Lungs Assessment		▪ HIV I & II (Antibody Screening)	RM 45
▪ Echocardiogram	RM360	Other Laboratory (Blood) Tests	
▪ Lung Function Test	RM 60	▪ Helicobacter pylori IgG	RM 80
▪ Stress Test	RM220	▪ Hepatitis A Screening (Ab) IgG	RM 65
Gynaecological Assessment		▪ Thyroid test, Free T3	RM 45
▪ Liquid-based Pap Smear Test	RM 80		

Northern Heart Hospital's Health Screening Centre is a dedicated facility offering comprehensive cardiac and vascular screenings, as well as general health check-up services. Equipped with state-of-the-art echocardiogram and stress test rooms, the centre provides a seamless, one-stop service experience, all conveniently located on one floor.

By integrating world-class medical expertise with wellness and preventive care, the centre delivers personalised health screening services. Our team of specially-trained medical professionals, supported by Northern Heart Hospital's advanced diagnostic and laboratory facilities, ensures thorough and early detection of potential health concerns, offering patients the confidence and peace of mind they deserve.

Who can undergo health screening?

Individuals who are mobile and able to walk independently. Not recommended if you are wheelchair-bound. Please notify our staff if you are pregnant or suspected to be pregnant.



Preparing for Stress Test (treadmill)



Wear comfortable sports shoes



Bring a towel (to wipe sweat after running)



Avoid consuming a heavy meal before undergoing this test

Clothing



Bring a scarf or cardigan if you tend to get cold



Wear comfortable clothing that is easy to remove if required for certain tests



Avoid wearing jewellery or accessories that may interfere with imaging tests

Rest and Relaxation

Get a good night's sleep before your screening to ensure accurate test results, particularly for blood pressure and stress tests.

Fasting Before Health Screening

- Begin fasting at 10:00pm the night before your appointment.
- You may sip plain water until your tests are completed and you are given clearance to eat.

Medication

If you are on diabetes medication, please refrain from taking it until after your blood test and ultrasound procedure are completed.

X-ray

X-rays are not recommended for pregnant women or those who may be pregnant.



Identification

- Malaysian citizens – Identification card (I/C)
- Non-Malaysians – passport

Rescheduling of Appointments

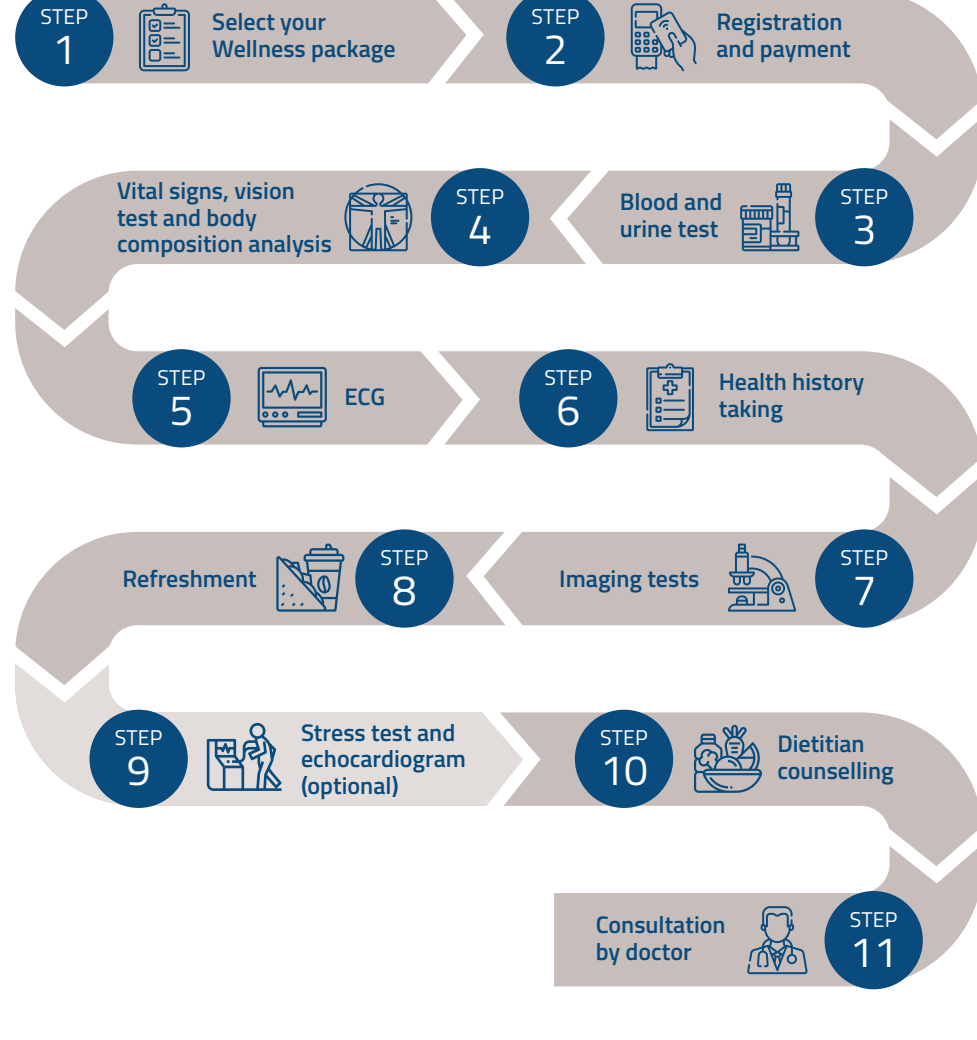
- It is recommended to reschedule your appointment if you are feeling unwell.
- For women, it is advisable to reschedule your appointment if you are on your menstrual period.

Payment

We accept the following payment methods:

- Cash (Ringgit Malaysia MYR)
- Bank transfer
- Debit/credit card
- E-wallet

Your Health Screening Journey



Appointment

- You are advised to call for appointment at least two (2) business days in advance and to come by 8:00am in order to ensure your screening process is conducted effectively and smoothly.
- On the day of appointment, please reporting to Health Screening Centre at Level 5.

Health Screening Centre Operating Hours

Monday – Friday | 8:00am to 4:30pm
Saturday | 8:00am to 12:30pm
Sunday and Public Holidays | Closed



Make an Appointment



Find out more